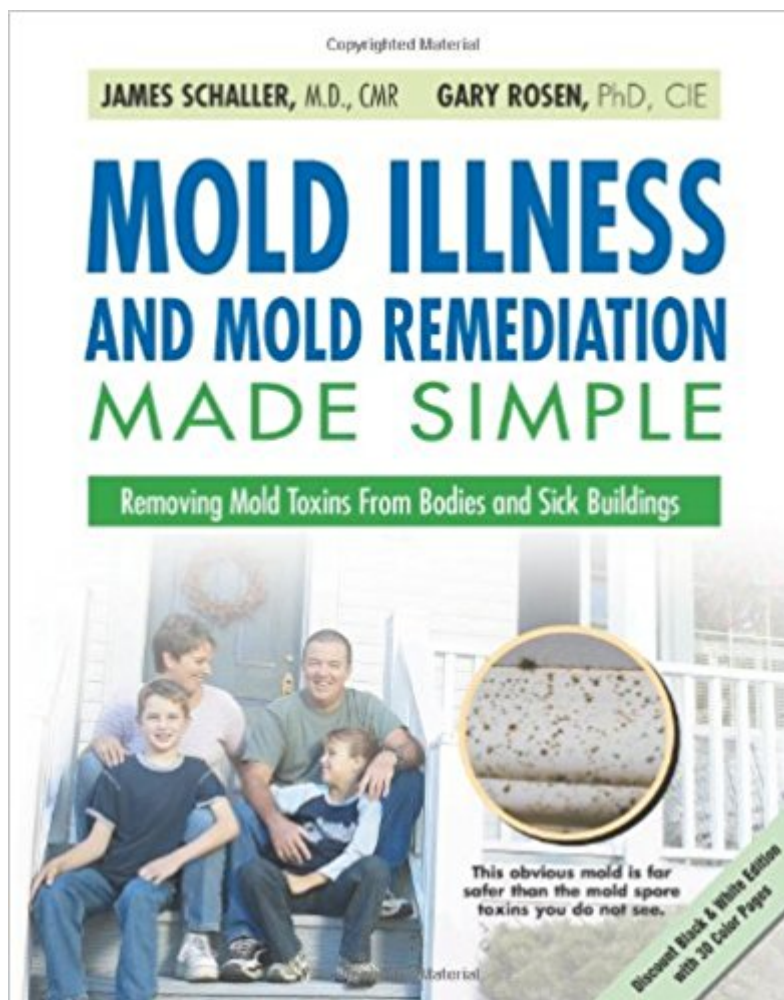


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Mold Illness And Mold Remediation Made Simple (Discount Black & White Edition): Removing Mold Toxins From Bodies And Sick Buildings



Synopsis

Discount Black & White edition with over 100 practical images, 30 in full-color; a top physician and master builder team up to clearly help you recover from indoor mold exposure. If you can find a smarter and clearer book on mold, buy it! Drs. Schaller and Rosen have written or co-authored seven previous books on mold illness treatment and mold related construction defects, along with dozens of scientific and educational publications. They have written on treating mold illness, removing mold toxins, proof of mold health effects, mold building testing, assessment, school indoor air quality, disaster restoration, and specialized labs which show how mold toxins cause obesity, mood problems, fatigue, concentration difficulties, increased cancer and hormone abnormalities. They are committed to restoring health to bodies and buildings quickly and efficiently. Dr. Schaller is a prolific writer with over a thirty innovative medical treatments. He specializes in patients with no solutions. His initial training in child and adult psychiatry now includes research and publications in over fifteen areas of medicine. Dr. Schaller is the co-discoverer of a functional cure for a rare blood cancer which is the standard around the world. He is the author of fifteen books, including the recently released, *When You Are Losing Your Mind Over Your Child : 100 Real Solutions!* Dr. Schaller is also the co-author of the 600-page *Mold Warriors: Fighting America's Hidden Health Threat*, and is one of the few physicians in the United States successfully treating mold toxin illness in children and adults. Dr. Rosen is a biochemist with training under a Nobel Prize winning researcher at UCLA. He is the author of *Advanced Topics & Training: Mold Growth Assessment* and *Advanced Topics & Training: Mold Remediation*. He is an expert mold remediator of homes, schools and large commercial buildings, and is gifted at finding reasonable and cost effective clean-up solutions. .

Book Information

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Customer Reviews

This book answers all of your questions about dealing with mold in your home and in your life. Even if you don't see the mold and you are sick with chronic congestion, coughing and fatigue.... have professional testing done in your home just to be sure!!! Easy and quick reading... no filler stuff... just what you want and need to know about mold and it's illnesses!!!

This book is a "must read " for anyone who has any concerns about mold. The Info I needed but didn't know who to ask is In the book.

Good book Gives you the straight facts about mold. Every doctor should read this book so they can start treating patients.

Comic book style format with a serious subject. Practical advice on Mold Remediation and treating Mold Toxin exposure.

Mold toxins can cause many illnesses, including Attention Deficit Disorders, Learning Disorders, Insomnia, Anxiety, Irritability, Mood Swings, Joint Pain, Headache, Chemical Sensitivity, Chronic Fatigue, Fibromyalgia, Obesity, Blurred Vision, Itching and Rashes. The Environmental Protection Agency reports 30 percent of buildings in the US, have mold. This book describes how to find and measure mold growth and toxins, in buildings and how to test for and treat mold toxicity in patients. Mold neurotoxins can cause addictions to alcohol, opiate pain pills, Xanax, Klonopin or other benzodiazepine tranquilizers. Some patients have experienced dramatic decreases in anxiety or insomnia, merely by moving out of mold infested dwellings. *Mold Illness and Mold Remediation Made Simple*, by James Schaller, MD and Gary Rosen, PhD, was written in a comprehensible style, for patients, who often are suffering memory and concentration impairments. The book contains numerous cartoon drawings, which help make it more understandable, if you are suffering "brain fog." The discussion of mold toxins in buildings, includes advanced, state of the art testing techniques, including laser particle counters, and infrared photography to detect hidden mold growth. Inexpensive, practical advice discussing how to safely change air conditioning filters, which

filters to use, and how to control humidity are also included. Medical testing for mold toxicity, immune impairment and hormonal depression is complex, but Dr. Schaller briefly discusses some tests, which help indicate whether patients suffer mold toxicity and how the toxins are attacking the body. Although not a complete list of tests usually performed by Dr. Schaller, the 13 blood tests, discussed in this book, would likely detect abnormalities, if mold toxins were harming a patient. Lyme Disease neurotoxins can produce many of the same symptoms as mold toxins and Dr. Schaller explains why Lyme is so underdiagnosed and which laboratories actually perform accurate testing. If you are weary of physicians telling you your symptoms are all in your head and you need to see a psychiatrist, find a physician who will order these tests. Many physicians will not be familiar with the MMP 9, TNF alpha, MSH alpha, VIP, Myelin Basic Protein, Complement C3a, VEGF or Interleukin 1 beta tests, but they will frequently detect abnormalities, which more common tests will miss. Many public schools and governmental buildings contain mold toxins. The authors explain many public schools become mold incubators in the summer, when air conditioning systems are shut down to save money. Modern school construction, with flat roofs, central air conditioning and heating systems and windows which cannot be opened, increases the probability of mold neurotoxins. The authors suggest mold in public schools contributes to attention deficits and learning disorders. *Mold Warriors or Desperation Medicine* contain more thorough discussions of the medical aspects of mold toxins, along with informative case histories, but *Mold Illness and Mold Remediation Made Simple* is an informative introduction and overview of mold toxicity and building remediation, especially if your concentration is impaired by fibromyalgia, chronic fatigue or chemical dependency. Steven Sponaugle

I found more information online researching mold and mold remediation than I did in reviewing this book. It was too basic and did not provide much help. I would not recommend it.

This book is intended to be humorous, and some parts are but mostly it seems like it is written for children. I returned it.

Good information in an easy to read & follow format.

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